

Maintenance Committee Report - August 1, 2018

By Larry Dobias

Green Tops completed the oak tree trimming in Butterfly Park and palm trimming along Rivendell Blvd. They have been asked to submit a proposal for yearly oak and palm trimming as well as maintaining the beds in the various parks.

A review of contracts for community work in 2019 was completed and ideas were presented on what should be included for each contractor.

Another water leak at the Pool complex has closed the restrooms until the plumber can re-pipe the building. This is scheduled for August 17th.

The bridge renovation project is ongoing, and proposals have been obtained from different landscape contractors for consideration.

Proposals are in the works for removal and renovation of the Pump House located near the Cottages.

There was discussion on topics which included the clean-up of Pine View Path, additional park benches, power washing the fences and signs, treatment of the magnolia trees, planting behind Ibis Pond and tree planting.

Egret Pond Erosion-Control Pilot Project Launched By the Ponds & Preserves Committee



The Rivendell Board of Directors is currently reviewing our pond management policies. At the July 11 meeting, the Board passed a motion to initiate an erosion-control pilot project at Egret Pond (on Rivendell Blvd., across from the pool). The Egret Pond Erosion-Control Pilot Project is the first in a series of steps to evaluate different approaches.

Erosion is clearly visible at Egret and other

Rivendell ponds, and investigation reveals that failure to take action now will be very costly later. To sustain our shorelines with effective pond management, modifications include: how we mow near ponds, aquatic plantings along the shore to stabilize the soil, and using low-toxicity approaches to control algae. We are not alone; other nearby communities are facing similar issues and addressing them as well. Opportunity for community feedback will be encouraged starting in 2019.



For more information, refer to the series of *Woodlands Word* articles on the topic of ponds, published in Dec. 2017 and April, June, and August 2018 or visit the website at rivendellcommunity.com for color photographs and indepth FAQs (frequently asked questions).

Egret Pond bank failure and shoreline damage by mowing too close to shore, July 2018.



Egret Pond closeup of shoreline erosion from landscape equipment, July 2018. *Photos courtesy of Nancy Dobias*

Next Maintenance Committee Meeting

The Maintenance Committee meets the last Wednesday of each month at 7pm in the Cottages Clubhouse



Haunted Trails at Oscar Scherer State Park

The Haunted Trails at Oscar Scherer State Park is an event that is fun for the whole family. It features multiple trails for various age groups, trick-or-treating, interactive games, and the Nokomis Fire Department's infamous Haunted House. "This event happens in our own backyard," enthuses Jerry Grens; "it also promotes Osprey as a unique town with character, many attractions, and plenty of community spirit."

The Friends of Oscar Scherer Park need volunteers to donate time for the fun two-night event, October 26th & 27th. Please contact the aforementioned Jerry Grens, the homeowners volunteer contact for the Osprey-Nokomis Chamber of Commerce, at 941-320-4490 or e-mail him at jerrygrens@me.com. He is looking specifically for 8 supervisors for the Haunted Manor, a new exhibit this year. Please call or email Jerry or sign-up online at https://www. halloweenhauntedtrails.com/volunteer.

There are different levels of "scary" for every age group,

so they can take their pick. Admission (includes park entrance fee): Adults, \$10; Kids age 5 - 12, \$5; and Kids under 5 free. Limited tickets available: <u>Ticket</u> <u>sales online ONLY, beginning</u> <u>Labor Day Sept. 3, 2018</u>: www. halloweenhauntedtrails.com/ get-tickets. For more details: www.halloweenhauntedtrails. com or friendsofoscarscherer. com/haunted-trails/



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Next Rivendell Board Meeting Wednesday, September 12, 2018 6pm OUR SAVIOR LUTHERAN CHURCH 2705 N Tamiami Trail, Nokomis

> Any changes to this date will be posted on the website www.rivendellcommunity.com

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Book Group Schedule



The Book Group usually meets on the second Monday of the month at 7:30pm. However, for the month of September, we will be meeting on the 3rd Monday (1st Monday is Labor Day and 2nd Monday is Rosh Hashanah).

On September 17, *The Tea Girl of Hummingbird Lane* by Lisa See will be discussed at Cindy Schmidl's home located at 1100 Mallard Marsh Drive. If you plan to attend, please call Cindy at 918-1570.

Future schedule:

October 8: The Girl Who Wrote in Silk by Kelli Estes November 12: Sing for Your Life: A Story of Race, Music, and Family by Daniel Bergner

December 10: Lilac Girls by Martha Hall Kelly

January 14, 2019: *The Day the World Came to Town*: 9/11 in Gander, Newfoundland by Jim DeFede



The Rivendell Community Web Site is available at

WWW.RIVENDELLCOMMUNITY.COM

Please contact Lighthouse Property Management for the password to the RESIDENTS section or check your annual voting ballot/proxy mailer.

Giddy-up to Deer Prairie Creek Preserve – North Entrance Submitted by Nancy Dobias

https://www.swfwmd.state.fl.us/recreation/areas/myakka-deerprairie.html

I don't know how many of you "sneaked" your horses into the garage when the HOA wasn't looking, but if you did, "Get thee to the Deer Prairie Creek Preserve!" There are 22 miles of designated equestrian trails awaiting. This wilderness area also offers 75 miles of unpaved trails for those who like to hike, bike or have your dog(s) sniff around to their hearts' content--in fact there are 10,128 acres of nosing about to be had!

Because we entered the park from the north, we either didn't go far enough to see the Myakka River or else it was on the other side of the adjoining property. The Myakka River must flood here because during various high-water events, I noticed residents parking their vehicles along the road, near the Border Road turn for the Carlton Preserve.

Not everyone enjoys a country stroll or a bike/horse ride in the "country," but if you're one who does, the prairie looks good. You'll see color, texture, interesting skies, trees with character, and of course, habitat for anything and everything that makes Florida home.





LOOKING FOR RIVENDELL CLASSIFIEDS?

ITEMS FOR SALE, ITEMS WANTED, LOST AND FOUND, HELP WANTED, GARAGE SALES, RESIDENTS HELPING RESIDENTS and SERVICE PROVIDER RECOMMENDATIONS

All Rivendell Classifieds are now on the community website www.rivendellcommunity.com

Contact Lighthouse Management for the password to the residents section of the website.

For other information regarding the Rivendell classifieds, please contact Gary Mruz (gary.mruz@gmail.com) The next time I go, I want to go to the entrance near Tamiami Trail in North Port. A native Floridian told me that this was his favorite preserve, and, because we had been talking about the Myakka River, I'm assuming I'll see more birds and alligators there.

I'm sure there are lots of critters in the Deer Creek Prairie Preserve but they were maintaining a low profile when we came a visitin'. If you go, maybe you'll get lucky and see a bear, a panther, a bobcat, some eagles, or snakes!

Directions to North Entrance: 7001 Forbes Trail, Venice. Deer Prairie Creek Preserve is at the end of Forbes Trail and can be reached by exiting to the north from I-75 at Exit 193, following Jacaranda Boulevard to the north to Border Road, proceeding east on Border Road to South Moon Drive, proceeding south on South Moon Drive until it intersects Forbes Trail and proceeding east on Forbes Trail.

Phone: Sarasota County Natural Resources Department, (941) 861-5000.





On GARBAGE PICKUP DAYS, please secure all trash can lids and recyclables to ensure the contents do not blow into neighboring yards and ponds.

No Excuses: Get the New Shingles Vaccine, SHINGRIX Submitted by Linda Pearlstein; excerpted from NY Times, 11/2017; CDC; CVS 03/2018



The new shingles vaccine, Shingrix, is promising, especially for older adults. It provides better protection against shingles from the start. Though Zostavax, introduced in 2006, can reduce shingles cases by about half, that overall rate conceals big differences by age. In large international trials, the new vaccine

Shingrix, prevents more than 90 percent of shingles cases, even at older ages. The 2006 Zostavax vaccine will still be available, but the CDC voted to make Shingrix the preferred vaccine.

People older than age 60 are most at risk for this blistering disease, its intense pain, its threat to vision, and the associated nerve pain that may last months after the initial painful rash that is also known as herpes zoster. Shingles is hardly a minor menace. A million cases occur in the United States each year.

Almost all older Americans harbor the varicella zoster virus that causes shingles; they acquired it with childhood chickenpox, whether they knew they had the disease or not. The virus stays dormant until it erupts decades later. Healthy adults age 50 and older are recommended to get two doses of Shingrix, two to six months apart, to prevent shingles and reduce the course and severity of the disease.

It is recommended that patients who have had shingles, have previously received the Zostavax vaccine, or who are unsure if they have had chickenpox, receive the Shingrix vaccine. Anyone who has recovered from chickenpox may develop shingles, including children, although the risk of shingles increases as people age. The decision should be made with your healthcare provider.

COST: Patients are encouraged to contact their pharmacist or insurance provider to determine if and when their individual plan will cover the Shingrix vaccine; be sure to ask if the cost is per shot or for the two shots.

About SHINGRIX: Shingrix is a non-live, recombinant subunit vaccine approved by the Food and Drug Administration in the US and by Canada to help prevent shingles (herpes zoster) in people aged 50 or older. It is intended to generate a strong and long-lasting immune response that can help overcome the decline in immunity as people age.

Information: www.nytimes.com/2017/11/10/health/shingrix-shingles-vaccine.html; and www.cdc.gov/vaccines/vpd/ shingles; and www.cvshealth.com/new-shingles-vaccine.



RESIDENTS HELPING RESIDENTS

CAVALIER KING CHARLES OWNERS! Do you have a well-mannered, potty-trained Cavalier and would like to reciprocate sitting services while away, or use in case of emergency? Must be current on all shots & flea/ heartworm protected. No monies involved, just assurance that our babies are taken care of & loved. Apollo would love to have a new friend. Call **Anita** at **941-321-0452**.

CERTIFIED HEALTH COACHES: Dr. Maggi Verhagen & **Deb Holton-Smith RN BSN** offer "solutions to optimal health" with their simple 5 + 1 program. Join the BeSLIM Club plan with our portion controlled meals and lose an average of 10 lbs per month. Our coaching is FREE. Call to see if this is a good fit for you! Better Together, Neighbors!!! For consult call **Deb** at **845-661-9883** or email for information **GetSLIM@ Holton-Smith.com**

COMPUTER REPAIR AND INSTRUCTION PLUS OTHER HOME ELECTRONICS (TABLETS, SMART PHONES, TV, Etc): I have been providing computer services to Rivendell and the surrounding neighborhoods for 6+ years! For Rivendell and Willowbend residents I offer a special \$20 an hour rate. I also offer a flat charge for any computer virus repair taking over two hours. I am a Rivendell resident with 35+ years computer & home automation experience. Call Gary Mruz 941-786- 6019 or email gary.mruz@gmail.com

COMPUTER REPAIR, TECH SUPPORT, AND TECH-NOLOGY TUTOR: Setup-Build-Troubleshoot-Repair all your technology needs including virus removal, home technology installations and computer equipment. Learn more about all your devices. I have been a Rivendell resident for 12 years, attended Pine View School, and graduated UCF with a degree in Information Technology. For Rivendell residents only, my fee is \$25 per hour. Contact: Ben McClannahan Cell: 727-410-2413 Email: Bmcclann04@gmail.com

HOUSE PAINTING, HANDYMAN WORK, & HOME WATCH SERVICES: Rivendell resident with 30 years of experience enjoys assisting neighbors with economical, meticulous, professional quality house painting - interior & exterior. Also help with general home upkeep - light electrical, plumbing & carpentry jobs, etc. Are you a snowbird or landlord? I can watch your home or help with rental upkeep (home detailing & deep cleaning for move-ins or move-outs). References provided upon request. Call Charles Tanguy: 941-539-5647 or email ctanguy@verizon.net

IS YOUR LAMPPOST LIGHT STAYING ON or NOT LIGHT-ING AT ALL? Rivendell resident Bill Bloom will repair your problem. Replacing a sensor is \$45 and includes all parts, labor, and cleaning. Replacing a burned out bulb is \$18 and includes a new bulb and cleaning. Call **941-587-8439**.

LUNA RESTORE: For pool/lanai deck restoration and staining, interior/exterior painting, and "fix-it" projects to update and improve the appearance of your home, contact Vic at LUNA RESTORE 941-735-2324. **MATHEMATICS TUTORING:** Calculus & Statistics, specializing in AP. Retired math teacher with 30+ years in public & private schools. Rivendell resident. Your home or ours! Multiple student discount available. Ref: Who's Who in American Education, NJ Governor's Teacher Award. Call **Carol: 941-866-0270** or email gdontheroad@yahoo.com

PERSONAL WELLNESS COACH, PERSONAL TRAINER, PILATES AND YOGA INSTRUCTOR: Kelly McClannahan is a Rivendell resident since 2004. She is a certified Health Coach with the Dr. Sears Wellness Institute and a Certified Personal Trainer through NASM. I offer several tiers of coaching including nutritional coaching in which I will teach you simple changes you can make nutritionally for better health and weight loss. In addition, if you'd like to add fitness, we can group or personal train. I also offer cabinet makeovers and healthy cooking lessons in your home. Call me for information and details: 727-423-8208 or email kellymcclannahan@ yahoo.com

PET SITTER, HOUSE SITTER: An adult resident of Rivendell for 15 years, I love cats, dogs, birds, & bunnies. Also very qualified to take care of your home while you are away. A dependable daily (for pets), bi-weekly, weekly, or monthly visit can be scheduled. Or I can stay at your home. My experience & references provide peace of mind that your pets and/or house are being well-cared for. Call **Carolanne Haddock** at **941-539-6176.**

PET SITTER SERVICE, HOUSE SITTER SERVICE: Rivendell resident and Pine View high school student who loves pets and has previous experience walking neighbors' dogs, will walk your dogs and care for any of your pets. As well, she can visit and care for your home daily or weekly to carry out chores such as water plants, check and send home updates while you are away etc. Have references. Please call **Erica** at **(941) 786-8478**.

POOL MAINTENANCE: Leslie Casanova, Rivendell resident, is the owner of a Pool Maintenance and Service company, Kraken Pool Service Inc., which services over 140 customers in the area. We offer full service weekly pool maintenance & bi-weekly programs. For Rivendell residents only, we offer a special price of \$39 for the first month of service to new customers. There are different options for service starting at \$57 per month. Please call **941-993-5548** or email **info@ krakenpools.com**

READING SPECIALIST/EDUCATIONAL CONSULTANT: I am a certified Orton-Gillingham and Barton-trained tutor and Dyslexia Screener/Consultant with 30 years of experience teaching reading and working with students struggling with Dyslexia or learning differences. I will come to your home. Please call **Renee Huntley 941-408-5652** or email **reneehuntley02@gmail.com**

Rivendell Residents

Please send your name, phone number, and a description of the service you can provide to other Rivendell residents. Email your information to Marilyn at marilynprobert@gmail.com

Architectural Review Committee Meeting Report July 31, 2018

Meeting called to order at 5:59 p.m. and concluded at 6:15 p.m. Quorum present: Maureen Emmons, John Greco, Wayne Davis Absent: Richard Jurick, Susan Lanza

ARC Requests July 2018

	Request	Address	Assigned To	Seconded By	Status
1	Fence	820 Golden Pond Ct	Maureen Emmons	John Greco	Approved
2	Roof replacement - shingles	524 Meadow Sweet	John Greco	Wayne Davis	Approved
3	Install pool heater with pad	1040 Scherer Way	Wayne Davis	John Greco	Approved
4	Remove dead palm	686 Clear Creek Dr	Maureen Emmons	Wayne Davis	Approved (a)
5	Replace pool cage - bronze	688 Stillwater Ct	Maureen Emmons	John Greco	Approved
6	Roof replacement - shingles	520 Meadow Sweet	John Greco	Wayne Davis	Approved
7	Repaint house – palette	901 Eagle Isle Ct	Maureen Emmons	Wayne Davis	Approved
8	Repaint house	557 Meadow Sweet	John Greco	Maureen Emmons	Approved
9	Remove dead palm	782 Placid Lake Dr	Maureen Emmons	Wayne Davis	Approved (b)
10	Repaint house	561 Meadow Sweet	John Greco	Maureen Emmons	Approved
11	Landscaping	1056 Scherer Way	Wayne Davis	John Greco	Approved
12	Remove dead palm	1151 Mallard Marsh	Maureen Emmons	Wayne Davis	Approved (b)

(a) Lighthouse requested emergency approval.

(b) Homeowner requested emergency approval.

Next meeting: Tuesday September 25 at 6PM at the Cottages Clubhouse. Request cutoff: September 18.

Next Architectural Review Committee (ARC) Meeting

The ARC meets the last Tuesday of each month at 6pm in the Cottages Clubhouse

<u>ARC applications are due to Lighthouse Management</u> seven days prior to the meeting.



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Rivendell Community Contacts

Committees	Rivendell Board of Directors
Communication Committee Chair: Barb Gahry (barbgahry@gmail.com) Board Liaison: John Fitzgibbon	Ray Capuano, President (raycapuano1@gmail.com)
Block Captains: Cindy Schmidl Newsletter: Linda Pearlstein, Marilyn Probert,	Peter Strauss , Vice President (petersstrauss@yahoo.com)
Pam Babbitt, Kay Mruz Directory: Kay Mruz Reporters: Catherine Middleton, Mike Bergman,	Larry Dobias, Treasurer (dobiasle@gmail.com)
Norma Lee Rhines, Lesley Sterling, Carol Heckert Webmaster: Gary Mruz	John Fitzgibbon, Secretary (john.fitz48@gmail.com)
Architectural Review Committee (ARC) Chair: Maureen Emmons (mauremmons@ymail.com) Board Liaison: OPEN	OPEN DIRECTOR, Director At Large
Members: Wayne Davis, Richard Jurik, Susan Lanza, John Greco	Sub-Association Boards of Directors
Maintenance Committee (MC) Chair: Scott Christie (scottchristie@verizon.net) Board Liaison: Larry Dobias	The Cottages: Robert Volk , President; John Martin , 1st Vice President; Chris Smith , 2nd Vice President; Robert Metelko , Treasurer; Kathy Webber , Secretary.
Members: Dave Gill, Carole Myles, Ken Heckert, Sallie Hawkins, Kevin Humbert, Greg Volack	Patio Homes: Bob Thierfelder, President; Dan Tavares, Secretary; Dave Rollinson, Treasurer.
Documents Committee Chair: Joe Sefack (jr.sefack@gmail.com) Board Liaison: John Fitzgibbon	The Villas: Dianne Enger , President; Mary Poremba , VP/ Secretary; Sherry Sholtis , Treasurer.
Members: Ken Heckert, Mike Bergman, Carol Heckert, Robert Thierfelder, Steve Bragg, Kenneth Alarie, Gary Mruz	Lighthouse Property Management: 941-966-6844 x604 Property Manager: Beth Miller
Ponds & Preserves Committee Chair: Frank Freestone (paddlemania@verizon.net) Board Liaison: Larry Dobias	(bethmiller@mgmt.tv) Assistant Property Manager: Lexi Robinson (Lexirobinson@ mgmt.tv)
Members: Dave Gill, John Greco, Ken Heckert, Carolyn Kenney, Sue Remy, Norma Lee Rhines, Melle Lee Warren	Rivendell Website www.rivendellcommunity.com Contact Lighthouse Management for password to RESIDENTS section.

Deadline: Submit articles and information to Marilyn Probert (marilynprobert@gmail.com) by the tenth of the month.

Sarasota County Sheriff Non-emergency Number: 316-1201 Please use this number for non-emergencies



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September 2018 - The Woodlands Word



2017 Small Business of the Year



Blair Post, HAS, BC-HIS, ACA

Board Certified Hearing Instrument Sciences American Conference of Audioprosthology

Wrong Aid -Right Price

A couple, Fred and Ginger, were referred to me by their new neighbor, Glenn. Fred and Ginger had just relocated from up north. They came in for a consultation to get to know me and my office.

I opened with a common question, "how happy are you with your hearing aids?" They were never very happy with the hearing aids that they bought. They bought these hearing aids about 18 months ago, during a special pricing promotion from their northern dispenser.

Fred and Ginger had responded to a price ad for a specific aid from one manufacturer. They thought the price was reasonable and tried the hearing aids. The hearing aids were designed for a quiet lifestyle that only needed a limited technology level.

However, Fred's social life includes groups, family, travel, theatres, and dining out regularly. All of this adds up to a very demanding lifestyle.

I don't know if the dispenser up north knew enough to inquire about their current lifestyle and ask what they would like to be doing. Maybe their lifestyle was undergoing dramatic shifts, and the dispenser didn't ask what they would be involved in next year.

I do know that uncovering lifestyle habits and desires is the best foundation for selecting proper technology levels. These lifestyle issues are important to determine how much technology is necessary to hear conversations with clarity. Any aid will make sounds louder. Clarity is the key. The more complex the listening situations, the more technology is necessary to pull the speech from the noise to provide an easier listening experience.

Fred and Ginger tried the higher technology level hearing aids. During the trial, Fred said he was more relaxed and comfortable in social situations. He said he didn't strain to hear and wasn't as anxious about missing words in the conversation.

Reviewing your lifestyle and upcoming changes will ensure you are fitted with a proper level of technology to hear conversations clearly. If you want to review your lifestyle and proper technology levels required for ease of hearing, call my office, 244-9300.

